



5 Brayton Court, Commack, NY 11725 (631) 462-4GYM or (631) 462-PLAY

## DOING MY PART TO KEEP GYM PLUS/COMMACK NINJA SAFE

I want to do my part to help Gym Plus/Commack Ninja keep my child(ren), their classmates/teammates, the coaches/staff, other families and everyone else at the gym as safe as possible during the COVID-19 pandemic.

I understand and agree that:

- All participants/coaches/staff will have their temperature checked with a touchless thermometer prior to entering the facility. Anyone with a temperature above 99.5 will not be permitted to enter.
- I understand that only one parent or guardian will be allowed to enter the building per participant.
- I am required to wear a mask or facial covering when entering the building.
- I will support the social distancing standard of 6 ft while in the gym and on the grounds of Gym Plus/Commack Ninja.
- Start times of camp and classes will be staggered to ensure time for participants to get in and out of the building safely, to provide time to wipe down and sanitize the equipment, and to give coaches/staff an opportunity to thoroughly wash their hands.
- Participants will have regular opportunities to wash their hands and use the hand sanitizing stations.
- I will keep my child home if they or anyone in the family is coughing, has a temperature over 99.5 degrees, is exhibiting other COVID-19 symptoms or have come in contact with anyone who has been diagnosed with COVID-19.
- I understand that these procedures will change and evolve over time and that I will follow any new standards required by the State of New York, the CDC, and/or Gym Plus/Commack Ninja.

I understand that the coaches, staff and everyone at Gym Plus/Commack Ninja will make a strong effort to maintain social distancing but that there will be times when incidental contact and less than prescribed physical distancing will occur. I am aware and agree that spotting is an essential part of training gymnasts and ninja obstacles in order to keep them safe and prevent injury. I will allow my child to be spotted when spotting is necessary. I further understand that I am voluntarily allowing my child to participate in programs and activities offered by Gym Plus/Commack Ninja, knowing that it is impossible to keep them, myself or anyone else who enters the facility completely safe from exposure to the COVID 19-virus. I accept this risk:

Name of child(ren): \_\_\_\_\_

Print Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_